

# UNITED FOR HUNGER HOLIDAY HOPE BAGS



## WHAT ARE HOPE BAGS

Holiday Hope Bags is an initiative to provide food insecure students in Montcalm and Ionia counties with a weeks worth of food during the Winter Holiday. As a majority of students rely on free schools meals and after school third meal programs, the holiday season can add additional family stress by adjusting tight food budgets to accommodate the two weeks students are home during winter break. Hope Bags are here to support families to ensure that the winter holiday is a time to celebrate, relax, and focus on the new year ahead!

## The Goal

United Way aims to support 700 Montcalm and Ionia county students and 300 bags to homebound seniors with a weeks worth of meals for Winter Break.

**A \$10 donation supports 1 student/senior with a Holiday Hope Bag.** Please support the United Way with its goal of raising \$10,000 to support every student in need. **Collected items must be dropped off to the United Way office on December 1st.**



**365,358 Michigan Children Live in Poverty and another 580,761 live below the ALICE Threshold.**



**Over 500 students receive a third meal to take home everyday in Montcalm and Ionia Counties**



**Over 15 Summer Eat Up Meet Up programs to support daily meals for students during Summer Break**

## HOW YOU CAN SUPPORT!

- **Financial Donation**
- **Host a Personal Care Drive**
- **Be a Donation Drop Off Host Site**
- **Share United Way Social Media**
- **Volunteer**



United Way of  
Montcalm-Ionia Counties

**VISIT: <https://www.liveunitedm-i.org/holiday-hope-bags> for additional details**

# Holiday Hope Bags

## Grocery List



- |  |   |
|--|---|
| <input type="checkbox"/> <u>Candy Canes</u>                        | <input type="checkbox"/> <u>Tuna Fish (Can/Packet)</u>          |
| <input type="checkbox"/> <u>Mac &amp; Cheese</u>                   | <input type="checkbox"/> <u>Gummy Fruit Snacks</u>              |
| <input type="checkbox"/> <u>Ramen Noodles</u>                      | <input type="checkbox"/> <u>Apple Sauce (Cups)</u>              |
| <input type="checkbox"/> <u>Canned Soup</u> (Chicken Noodle, etc.) | <input type="checkbox"/> <u>Pancake Mix (Add Water)</u>         |
| <input type="checkbox"/> <u>Canned Pasta</u> (SpaghettiOs, etc.)   | <input type="checkbox"/> <u>Granola Bars</u>                    |
| <input type="checkbox"/> <u>Spaghetti Noodles</u>                  | <input type="checkbox"/> <u>Dessert Mixes (Cookie/Brownie)</u>  |
| <input type="checkbox"/> <u>24 oz. Pasta Sauce (No glass)</u>      | <input type="checkbox"/> <u>Muffin Mixes</u>                    |
| <input type="checkbox"/> <u>Canned Vegetables</u>                  | <input type="checkbox"/> <u>Hot Chocolate (Instant Packets)</u> |
| <input type="checkbox"/> <u>Instant Mashed Potatoes</u>            | <input type="checkbox"/> <u>Kool-Aid Packets</u>                |
| <input type="checkbox"/> <u>Instant Oatmeal (Packets)</u>          |   |

All food donations must come from this pre-approved list. All donations must be nonperishable, unopened, and are unexpired. Collected items must be dropped off to the United Way office on December 1st.

Fighting Hunger  
Helping Children  
Supporting Community

